



AUGUST/SEPTEMBER 2023

Hanscom & Lincoln Public Schools

Meals are **FREE**; one meal daily per student. Per USDA guidelines, all students must take a fruit or a vegetable for the meal to qualify. Low-fat and fat-free milk are served daily.



Monday

Tuesday

Wednesday

Thursday

Friday

Alternate of the Month:

- Cereal Meal

Vegetarian Alternate of the Month:

- Grilled Cheese

***Sun butter & Jelly Sandwiches available upon request**

These choices are not available on Wednesdays *

No School

Fish n' Chips (Fries)
Steamed Corn
Fruit Cup
Or Cheeseburger

French Toast Sticks
Sausage Links
Hash Brown,
Fruit Salad
Or Bagel Meal

Hot Dog on a Bun
Baked Beans
Carrot Coins
Fresh Fruit
Or Max Pizza Sticks

Cheese or Specialty
Pizza
Cucumber & Tomato Salad
Apple
or Chicken Patty

Cheese or Specialty
Pizza
Cinnamon Chickpeas
Caesar Salad
Craisins
or Chicken Patty

Meatless Monday

Pasta With Marinara Sauce
Breadstick
Cauliflower
Mixed Fruit
Or Chicken Nuggets

Cheesy Pull Apart Bread
Garden Salad
Watermelon
Or Cheeseburger

Pancakes with Syrup
Smile Fries
Fruit & Yogurt Parfait
Or Bagel Meal

Nachos w/ Turkey
Black Bean & Corn Salad
Lettuce, Sour Cream, Salsa
Mixed Fruit Cup
Or Max Pizza Sticks

Cheese or Specialty
Pizza
Carrots & Dip
Peaches
or Chicken Patty

Meatless Monday

Two Cheese Grilled Cheese
Roasted Broccoli
Applesauce
Or Chicken Nuggets

Popcorn Chicken Bowl
(Mashed Potatoes, Corn, and
Chicken with Gravy)
Dinner Roll
Peaches
Or Cheeseburger

Egg & Cheese on a
Croissant & Hashbrown
Apples Slices
Baby Carrots
Or Bagel w/Cream Cheese &
Hashbrown

Bacon Cheeseburger
Baked Beans
Sweet Potato Fries
Peaches
Or Max Pizza Sticks

Cheese or Specialty Pizza
Garden Salad
Fresh Pear
or Chicken Patty

No School

September Birthday

Meatball Grinder
Red Peppers
Pear
Birthday Treat
Or Cheeseburger

Mini Waffles w/Hashbrown &
Sausage Links
Apples Slices
Baby Carrots
Or Bagel w/Cream Cheese &
Hashbrown

Totcho Nachos (Taco
meat over Tater Tots)
Black Beans & Corn
Applesauce Cup
Or Max Pizza Sticks

Cheese or Specialty
Pizza
Garden Salad
Orange Slices
or Chicken Patty

Please note that due to supply chain disruptions menu options are subject to change without notice.

Please contact Kelly Haley, Food Service Director, khaley@lincnet.org, with questions or concerns.

A la carte items are available for grades 5-8 to purchase.

Please use www.myschoolbucks.com or the MySchoolBucks mobile app to monitor transactions or add funds.

This institution is an equal opportunity provider.



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